

Regional Cadet Support Unit (Pacific)
PO Box 17000, Stn Forces
Victoria BC V9A 7N2

3937-4500-3 (J3 Trg O [Expn])

21 November 2018

Distribution List

WARNING ORDER – ADVENTURE RACE 15-17 MARCH 2019

References: A. CATO 40-01 Annex E
B. A-CR-CCP-951/PT-002 Adventure Training Safety Standards

SITUATION

1. Physical fitness is a central aim of the Cadet Program. Using the adventure-based activities which comprise the expedition program, the Regional Cadet Support Unit (Pacific) will offer an exciting opportunity for selected senior army cadets to take part in a fun and challenging outdoor activity designed to enhance physical endurance, build camaraderie, and promote team spirit.

MISSION

2. Expedition Site (ES) Vancouver Island will host the third annual Army Cadet Adventure Challenge Race (ACACR) out of CFB Esquimalt (Albert Head) to take place 15-17 Mar 2019. Army cadet teams will be comprised of two senior army cadet per corps. Anticipated activities will include orienteering, canoeing, biking, hiking/navigation, and expedition skills testing.

ADMINISTRATIVE INSTRUCTIONS

3. Phases. The ACACR will be conducted in three phases as follows:
- a. Phase One – Preparation/Participant Selection (21 Sept 18 – 14 Mar 19);
 - b. Phase Two – Conduct of the Expedition (15-17 Mar 19); and
 - c. Phase Three – Post Ex and After Action Reporting (18 Mar – 18 Apr 19)
4. Selection of Cadets. Cadets must meet the following criteria:
- a. have the informed consent of their parent/guardian;
 - b. be recommended by their corps' CO and nominated through FORTRESS;
 - c. be Silver Star Qualified;
 - d. be medically fit and have no medical limitations that would preclude their ability to participate in vigorous physical activity or be outside of 30 minute access to physician services; and

- e. have not participated in the Army Cadet Adventure Challenge Race previously.
5. Registration. Cadets must be registered in FORTRESS via “Summer Training and Activities by Selection.” The Serial in FORTRESS is listed as “Adv Race.” Registration of cadets must be completed NLT Sunday, 10 Feb 18 in FORTRESS. J3 Trg O (Expn) must be notified of any amendments to registration after this date. A maximum of two cadets to be nominated per corps.
6. Cadets with a 30 minute medical restriction will not be able to participate in the ACACR as the activity will take place outside of the restriction window.
7. Selection of Staff. The following staff positions will be required for each activity:
- a. 1 x OIC;
 - b. 2 x Logistics Officer;
 - c. 2 x Duty Officers; and
 - d. 10 x race official/supervisors.
8. Officers interested in employment for the Adventure Race are to contact J3 Trg O (Expn) Brandon.mcauley@forces.gc.ca NLT Thursday, 7 February 2018.
9. Joining Instructions. Joining Instructions and the consent form will be posted on Share Point prior to the start of the ACACR. A Consent to Expedition Training form must be completed by cadets and their parents or guardians and the cadets must bring the form with them to participate in the ACACR.
10. Transportation. J4 Movements will publish transportation orders in FORTRESS prior to the start of the ACACR.
11. Equipment. J4 technical services will provide expedition equipment, vehicles, and rations for the expeditions. J3 Trg O (Expn) will liaise directly with J4 technical services prior to the start of the expeditions to coordinate requirements.
11. Contact Information. Any inquiries may be directed to Capt Brandon McAuley, J3 Trg O (Expn), at the following:
- a. Office Phone: 250-363-0850; or
 - b. E-mail at Brandon.McAuley@forces.gc.ca.


FOR N.R. Head
Lieutenant Colonel
Chief Training Officer
for Commanding Officer

Distribution List

Action

All Army Cadet Corps COs (via e-mail)

Information

J3 OIC (Area) //Lower Mainland/Interior/Vancouver Island//

J3 Zone Training Officers

J4 Movements

J4 Warehouse Supervisor //Vernon/Chilliwack//

Army Corps Group Mailboxes (e-mail)

